

**DREAMER'S DIGEST**

DISTRICT 3291

CLUB NO. 227098

**Rotary**  
Club of Bengal Dreamers



# ROTARY CLUB OF BENGAL DREAMERS

September'25

## ROTARY VISION

Together, we see a world where people unite and take action to create lasting change – across the globe in our communities and in ourselves

## ROTARY MISSION

To provide service to others, promote integrity and advance word understanding, goodwill & peace through the fellowship of business professionals and community leaders.

## OUR COLLECTIVE

Rotary Club of Bengal Dreamers is a community committed to service above self. Through thoughtful initiatives and collaborative efforts, we aim to contribute meaningfully to the communities we engage with. Guided by a shared purpose, we continue to turn ideas into action in simple, impactful ways.



# MENTAL HEALTH SEMINAR

The Art of Gentle Parenting

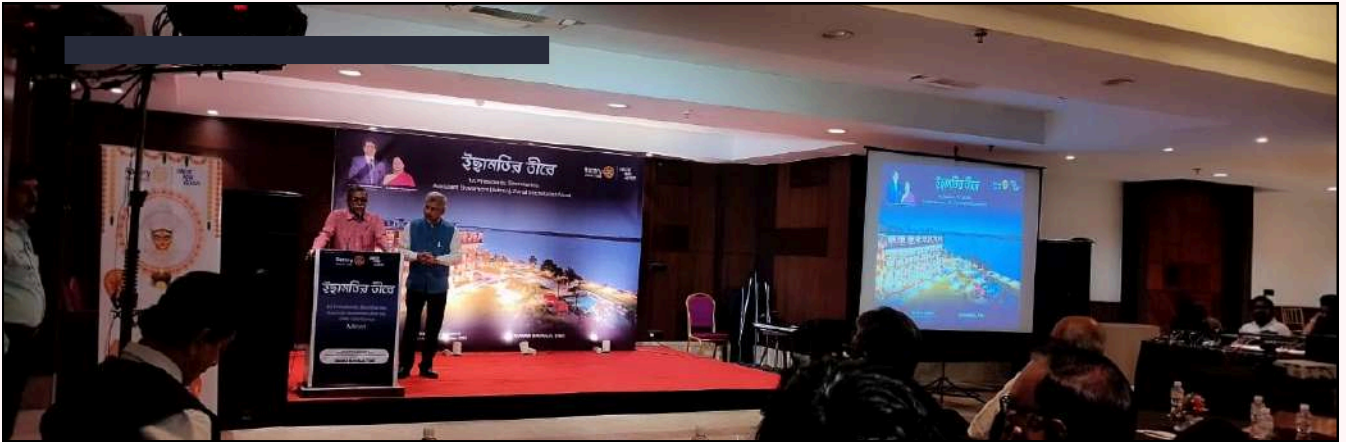
7th September, 2026



The session was conducted as an interactive discussion, blending expert guidance with real-life parenting experiences. Common challenges were addressed through practical, gentle approaches rather than rigid instructions. Participants engaged openly, sharing concerns and gaining clarity through thoughtful conversations. The session left a reassuring impact, helping parents feel more confident, aware, and connected in their parenting journey.

# FIRST PRESIDENT MEET

13th-14th Sept, 2025



A President's Meet was held on 13th and 14th September 2025 at Taki Sonar Bangla, bringing together the **President, Secretary, Assistant Governor, and General Secretary** to align on the club's direction for the month ahead. The discussion focused on reviewing ongoing initiatives, setting priorities, and strengthening coordination across roles to ensure smoother execution of upcoming activities. It also served as a space to exchange ideas, address operational aspects, and reinforce a shared commitment to the club's goals.



# CLUB ASSEMBLY 001

18th September, 2025



## Assembly Highlights

Club Assembly 001, was conducted as a platform to review the club's vision, structure, and plans for the term, with valuable insights shared by PDG, Anshuman Bandhapadhyia. The session focused on strengthening leadership roles, aligning goals, and understanding the responsibilities that drive effective club functioning. It also encouraged open discussion, helping members gain clarity and direction for the months ahead.

# BREAST CANCER AWARENESS INITIATIVE

20th September, 2025



## Together for Awareness

The joint initiative with RC Behala focused on spreading awareness about the importance of early detection and preventive care in breast cancer. The session covered key topics such as identifying early signs, understanding risk factors, and the significance of regular self-examinations and screenings. Emphasis was also placed on breaking common myths, encouraging open conversations, and fostering a supportive environment where individuals feel informed and empowered to prioritize their health.

**Rotary**  **UNITE FOR GOOD**

**Interactive Session On Breast Cancer**

**Speaker**  
Prof. (Dr.) Diptendra K Sarkar

**Chief Guest**  
Rtn. Dr Ramendu Homchaudhuri  
District Governor, RID 3291

**Special Guest**  
Mrs. Seema Sonthalia  
District Chairman, IWD 329

**Host Clubs**  
RC Calcutta Endeavour  
RC Calcutta Sunderban  
RC Kabitirtha Calcutta  
RC Salt Lake Metropolitan



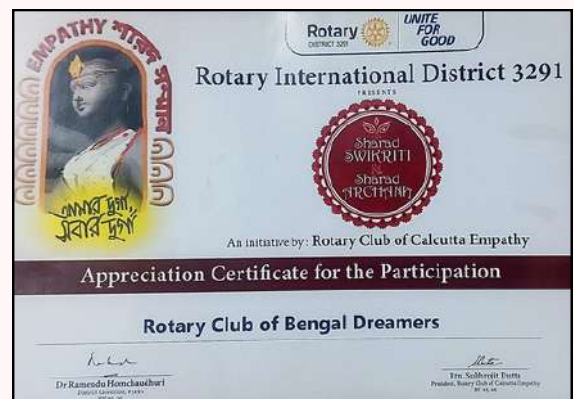
# SHAROD SAMMAN

Co-host with RC Calcutta Empathy

26th Sept, 2025



A President's Meet was held on 13<sup>th</sup> and 14<sup>th</sup> September 2025, bringing together the **President, Secretary, Assistant Governor, and General Secretary** to align on the club's direction for the month ahead. The discussion focused on reviewing ongoing initiatives, setting priorities, and strengthening coordination across roles to ensure smoother execution of upcoming activities. It also served as a space to exchange ideas, address operational aspects, and reinforce a shared commitment to the club's goals.



# THALASSEMIA AWARENESS

27th September, 2025



## Session Highlights

The session focused on creating awareness about thalassaemia, highlighting its genetic nature and the importance of early screening and prevention. Discussions covered the need for regular blood tests, especially before marriage, to identify carriers and reduce the risk of transmission. The initiative also emphasized informed decision-making, community awareness, and the role of collective efforts in managing and preventing the condition.